



Achieve your **full potential**





Academy Masterclass

It takes hard work, dedication and years of planning, monitoring & setting goals to be a professional squash player. Nick Matthew invites you to sample his unique training environment, by playing & training with one of the World's leading players under his instruction, to help you reach your potential. The **NM Academy Masterclass** will be held at Hallamshire Squash Club, on (date) with registration by 8am.

The Masterclass schedule will comprise technical & physical training under Nick Matthew's personal instruction and guidance, supported by Masterclass Head Coach Neil Guirey to provide an unforgettable squash experience.



One-on-one & group coaching with Nick Matthew & Neil Guirey

- Technical Tuition
- Video analysis
- Match evaluation
- Sports Psychology
- Individual Competition
- Solo practice
- Biomechanics
- Personal training programme
- Fitness Training
- Accelerated professional learning
- Unique insight into the making of a World Champion

Hallamshire Squash Club

Hallamshire Squash Club, the training base of Nick Matthew offers nine squash courts, modern gymnasium, sauna, solarium, indoor and outdoor tennis courts, fitness classes, full-service pro shop located in the club, and luxurious lounge with fully licensed bar and catering in a vibrant suburb of Sheffield.

“ *Maximise your potential by learning from a true legend of the game* ”
Neil Guirey

“ *Come and discover what goes into making a World Champion* ”
Nick Matthew

Nick Matthew

Nick Matthew is a two time World Champion, three time British Open Champion, four time British National Champion, Commonwealth Games Men's Singles and Men's Doubles Gold Medallist and one of the most successful present day players.

Nick first represented England at the age of 17 and his rise to prominence started by winning the British Junior Open in 1997. Alongside his individual achievements, Nick has collected 3 World Team Championship titles, 3 European Team Championship titles, a World Cup Gold Medal and has represented his country with distinction as one of England's most decorated players.



Neil Guirey is a Consultant Coach to Nick Matthew, England Squash & Racketball Senior National Squad Coach & resident coaching professional at Abbeydale Squash Club.

“ Maximise your potential by learning from a true legend of the game ”

Neil Guirey

Book on line at **www.NickMatthew.co.uk** or for further information, please email **info@isportgroup.com** or call **+44 (844) 8797 949**

